



Nutrition – Nutrikik
Natural-Healthy-Deleicious



About us - Our Nutrition brand – Nutrikik – Have products extensively researched and developed to combat malnutrition at various levels, in close guidance of NIN, ICRISAT and CFTRI. Also include training and integration at various levels – on nutrition.



Health for all is the main objective of NUTRIKIK. We have selected ingredients of high nutrition and straight from the nature, like Spirulina, Moringa, Multi-millet, Multi-grain, Peanuts, Sesame, Jaggery etc.,





Our researched products are exclusively made containing super foods and all naturally selected, high in nutrition ingredients like Spirulina, Moringa, Ragi, Jowar, Bajra Amaranth seeds and so on...





Spirulina Peanut
Chikki



Moringa Sesame
Chikki



Spirulina Ragi
Biscuit



Moringa Jowar
Biscuit



Spirulina
Multigrain
Energy Bites



Moringa
Multigrain
Energy Bites



Our Products

Nutri-Kik
NATURAL - HEALTHY - DELICIOUS



Hygiene Practices in Production

Every snack is hygienically produced and packed in food grade material with minimal contact.



Spirulina Peanut Chikki

- Main ingredients are – Peanut, Jaggery, Liquid glucose and Spirulina.
- The technology was transferred from CSIR-CFTRI.
- Spirulina is rich in Iron, protein, beta carotene and is rich in anti oxidants
- Peanut is easily available and is an important source of protein
- And who doesn't like chikki??



Moringa Sesame Chikki

- Moringa (Drumstick leaf) is believed to cure more than 300 diseases.
- It is indigenously grown in India and is very often used in South Indian cuisine.
- Sesame is rich in calcium, omega 6 and phytoestrogens and has amazing benefits in women health
- Similarly, moringa is also rich in calcium, anti oxidants, beta carotenes.
- The combination makes it tasty and healthy



Spirulina Ragi Biscuit

- Millets are good for Earth, Farmer and our health.
- The product is made from the best of the components available.
- We have specially made sure not to use maida in the biscuits.
- Easy availability, familiar taste and healthy nutrients.



Moringa Jowar Biscuit

- Not everyone like sweet biscuits. This one particularly is a mix of salt, ajwain, pepper, jowar whole wheat and moringa.
- The concept of including all different kinds of food ingredients is to give the body a variety of nutrition
- Food diversity has been recommended by major institutes of nutrition worldwide.



Moringa Nutri Bites

- Spicy, crunchy and healthy mix of millets, grains and goodness of Moringa makes this children's favorite snack.



Spirulina Nutri Bites

- Masking the taste of healthy ingredients is every mother's nightmare. And here we have successfully combined health, nutrition and taste.



Nutritional supplementation to more than....



6839
Children



339 Pregnant
and Lactating
Women



580 Sports
persons in
various fields



Nutritional Impact of Foods Made from Spirulina on Children of Selected Anganwadis of Siddipet District in Telangana State in India

DNVS Sandhya^{2*}, A. Ramesh¹, K. Vanitha¹, D. K. Priyanka³, and N. Rachana³

¹Vishnu Institute of Pharmaceutical Education and Research, Narsapur, Medak Dist, Telnagana, India; and ²Sukrutha Organics, Punjagutta, ³Synergy India Foundation, Masab Tank, Hyderabad, India.

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ABSTRACT

In the present investigation, we sought to study the impact of introducing spirulina based nutritional supplementation to the children of Siddipet District in Telangana, India. It was observed that beneficiaries are the social community who need help, support and awareness. An integrated, spectrum and holistic study approach was made to reach the beneficiary community. Several attempts were made to find out the answers to questions raised in the concurrent development of malnourished child health status in two ICDS projects, with 30 anganwadis in Bharat Nagar and 34 anganwadis in Cheriya under Siddipet District, with the guidance and help of District Collector and team of company, Sukrutha Organics. The Study encompasses both primary and

secondary source of information, covering anganwadis of ICDS, Bharat nagar and Cheriya, out of which 2119 children each were selected for the study by using information collected by anganwadi teachers scheduled as tool for data collection. Peanut Chikkis (Brittle) and Biscuits made by the addition of Spirulina were distributed among the test group and no supplement was given in the control group of children who were enrolled under Anganwadis of Bharat Nagar and Cheriya ICDS of Siddipet District. Descriptive analysis was made to draw inferences. The study has come out with some major findings, in spreading the knowledge about the ill effects of malnutrition and benefits of spirulina and foods made with spirulina.

KEYWORDS: Malnutrition, Spirulina supplementation, Healthy snacking.





Nutritional Supplementation at various levels....



Iron for Li[Fe] – Fe (iron) deficiency awareness campaign – which causes anaemia - distributed healthy snacks and created awareness about iron deficiency – JSW Kurnool, Infosys, Indo-American Cancer hospital etc.



N. SRIDHAR RAO, IPS.,
Addl. Director General of Police
Welfare & Sports



Off. : 0863-2340273
: 0863-2340274
Mobile : +918333908083
e-mail : adg_well@appolice.gov
Police HQs. Mangalagiri-522 50
Guntur District, Andhra Pradesh

TO WHOMSOEVER IT MAY CONCERN

I appreciate efforts of Synergy India Foundation in providing with Nutritional Supplementation under the brand Nutikik and Protelecious to the participants of 20th All India Police Lawn Tennis Championship, 2019 held at Vishakhapatnam from 19th to 22nd December 2019. The products were helpful in providing required nutrition to the participants and also have been tasty.

I wish Synergy India Foundation every success in their future endeavours in the field of Health and Nutrition based service activities.

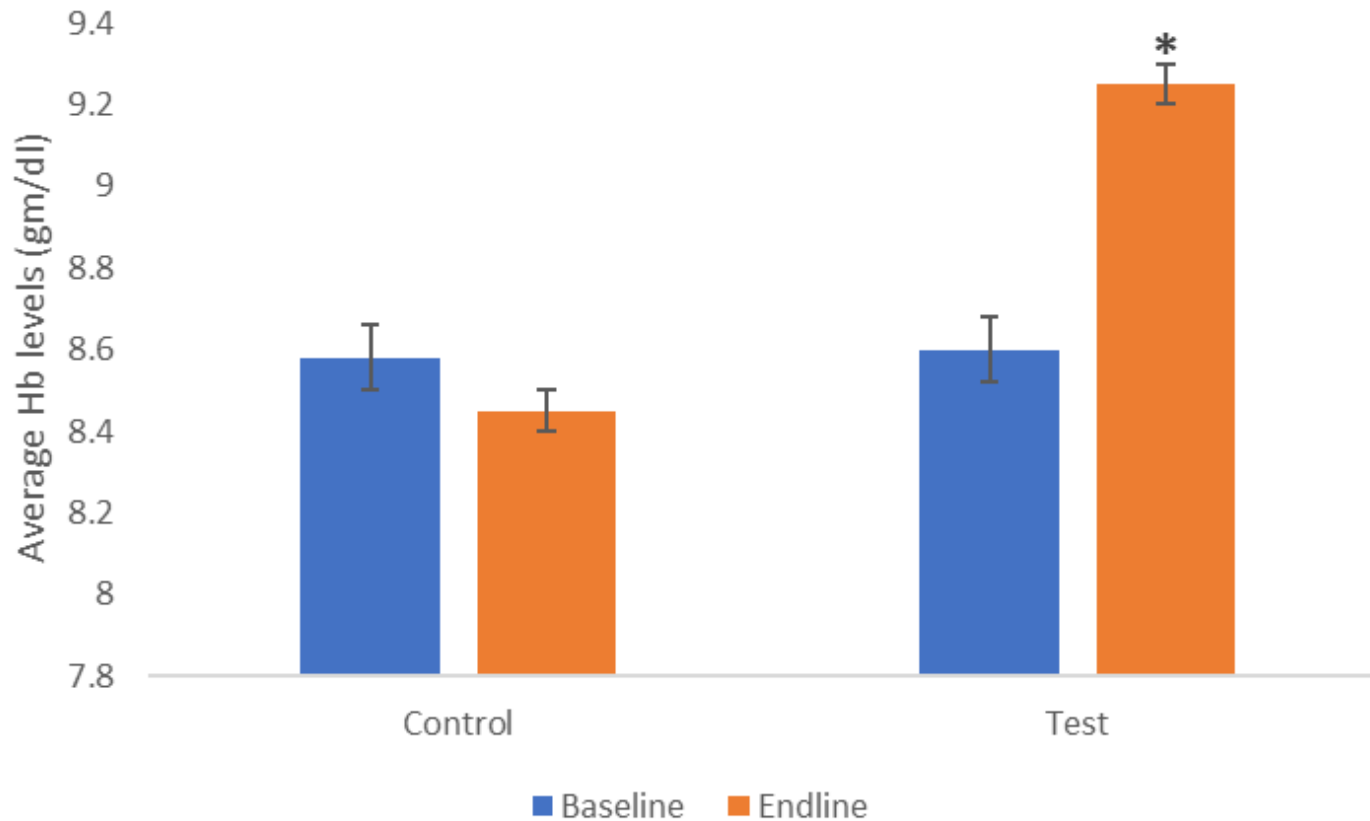
Yours Sincerely,


(N. Sridhar Rao,)



Appreciation..
From Andhra
Pradesh Police

Pilot Project at Welfare Schools – Reduction of Anaemia



- Average increase in anaemia in the test group students was observed to be 0.6gm/dL (*P<0.05, Statistically significant)
- About 75% students observed an improvement in their appetite levels, physical activity levels and immunity levels after implementing the Nutrikik supplementation.
- Parents and students suggested overall wellbeing in the students post to implementing Nutrikik Food supplements.

Our team...



ANEESHA MEKHALA, young entrepreneur, Proprietor, who had the vision to produce Nutrikik products. The main aim was to design super delicious and super nutritious products for all ages. Nutrition is very important equally and effectively for all age groups and the major concentration was missing in this field.



SANDHYA DNVS, Nutritionist Consultant/Advisor, Sandhya has been actively designing various products of high nutrition and researching on the effectiveness of these products for the past few years at various levels. Has been working in the field with various ages and fields where nutrition plays a key role.



ANNAPURNA, HR, has been handling the human resource department for the past 10 years and has been very broad minded in implementing the best possible methods in the field of handling and helping the staff with new tasks.



NAVEEN, Finance Head, has a vast experience in handling the financial aspects of a company in various levels from maintaining all the possible compliances to managing the regular invoices and bank transactions. Has always been supportive in including novel ways of handling the issues concerned to finances.



S. KIRAN KUMAR, Senior Advisor, The driving force of Synergy India Foundation working towards the health care of 3.5 lakh marginalized students all over the states of Telangana and Andhra Pradesh. Has been the backbone of the product design and quality assurance of the products.



We are
connected to....

Contact Details:

Kikku manufacturing and allied services,
Flat no 401, Anitha avenue, Dharam Karam road, Ameerpet, Hyderabad.
Team Nutrikik: Phone: +91 91776 55050;
Email: kikkuhyd@gmail.com.



for a Safer Society



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INSTITUTE FOR THE SEMI-ARID TROPICS

